

June 2010

To all of our Dedicated Aerobics Members,

My name is **Jennifer Orsi**. As the new Lead Aerobics Instructor, I will be working closely with all of our hard working Aerobics Instructors to make sure that you are happy with everything our Aerobics Department offers at PGA National.

I have been at PGA for 9 years in both the Aerobics and Personal Training programs. I am well aware of the classes and instructors that keep you motivated and wanted to assure you that the Summer Schedule is set and will not be changed. All of your favorite instructors and classes will be here as usual. I plan to keep your aerobics program as well staffed and diverse as it has been for many years.

I have taken the time to look over the aerobics surveys and the seasonal schedules for the past 3 years and am confident that we can fulfill most of your requests easily.

I plan on taking and teaching as many classes as I can. I will try to join the Yoga and Pilates classes, although those instructors know I am not very flexible and they will certainly get great joy out of making me hold a pose just a little bit longer. I will do my best! I will even join your Dance classes, although most of those instructors know I have two left feet so you might not want to stand too close to me. But when I get in the Muscle, Spin or Boot Camp classes you better be on your toes, because I like to work hard and I will encourage you to join me!

If you ever have any questions or concerns please feel free to stop me in the hall, call me on my office line or email me at jen.orsi@pgaresort.com.

I look forward to trying to keep up with all of you in your quest to be fit.

Jennifer Orsi
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