

PGA NATIONAL FITNESS ADVISORY COMMITTEE
MAY 5, 2009

The PGA National Fitness Advisory Committee met on May 5, 2009 at 1:00 p.m. at the Health and Racquet Club. Present at the meeting were: Steve Schwartz (chair); Jill Rosenstein (secretary); Paul Ambrose; Mary Meloy, Kate Gildan, and Brenda Diuro. Pat Zamberletti had an excused absence. Also present were: Ken MacDonald (Director) and Abby Baker (Assistant Director).

The minutes from the last meeting were approved. Ken reported that the club is slowing down with the coming summer months. The relationship between Ledbetter and PGA's fitness center is evolving. They are currently working on 3 different packages that will give a member a total golf experience. Kate remarked that the lecture by the orthopedic physicians was wonderful. Ken reported that all of the lectures were well received and that they will continue to offer them next season. Ken also remarked that he had visited the new LA Fitness, and that it was nice, but that our equipment was superior. There will be 2 less trainers this summer, but another trainer will be hired in the fall.

The crosswalk lines have been painted to hopefully encourage people to use the lot across the street when the fitness lot is full. However, the median and both ends of the crosswalk are not even and easy to walk on. The ground needs to be leveled, and possibly stepping-stones inserted. Ken reported that they will try to "spruce up" the men's shower room, but the tile will not be replaced at this time. Steve suggested if they just change the hardware, it would substantially improve conditions. Studio B is scheduled to have the ceiling tiles replaced on Thursday and Friday (the week of 5/5/09). Other old business discussed included: cleaning the beige border; 4 new towel dispensers ordered; sleeves for the coffee cups; new signage for the building to be installed.

The committee discussed the pilfering of towels. Abby has ordered 60 dozen, but they are continually being taken by members. A towel laundry basket has been placed right outside the front door, so if a member forgets to return it as they leave, they will have a last opportunity by the door. The decorative pieces that were in the break room have also disappeared but an acceptable solution to stop this pilferage has not been reached.

Abby discussed the tennis camp, and how each school contacted to advertise the camp has required a different set of rules to disperse information. She remarked that there is a large 5-6 year old class. Additionally, there will be Mommy and Me and Pilates for kids. Kids dance will resume in September. Boot camp is currently 3 times a week, but there are requests to increase it to 5 days a week. Abby is looking at this possibility. The survey that was conducted yielded 117 responses. Abby looked at each response to determine what percentage were in town year round; whether classes were early/late enough; class type; and length of class. Jill suggested that possibly the next survey can have a link from the PGA blast, so that people can fill it out online.

In general, the committee felt that things were going well. Kate remarked that croquet has brought 9 new members to the club. These members joined specifically because of the croquet.

The meeting adjourned at 1:50 p.m. The next meeting will be July 7 at 1:00 p.m.

Stephen Schwartz, Chairman